

COURSES IN FOREIGN LANGUAGES for ERASMUS INCOMING STUDENTS

Sofia University 2020/2021 academic year

Faculty of Philosophy

Faculty coordinator: Prof. Sonya Karabeliova, PhD, DSc, karabeluov@phls.uni-sofia.bg; sonyakarabeliova@gmail.com

Programme: Psychology

Department coordinator: Assoc. Prof. Daniel Petrov, Phd, daniellp@phls.uni-sofia.bg

Course code	Course title (in English)	Language of instruction	Course offered to BA/BS, MA/MS, PhD	Semester	ECTS	Number of hours			Lecturer/s's name	Lecturer/s's E-mail
						Lectures	Exercises/ Seminars	Practical work		
FF Z018	HEALTH PSYCHOLOGY	English	BA, MA	Spring	5	45	15		Prof. Sonya Karabeliova, PhD, DSc	karabeluov@phls.uni-sofia.bg

Short description of the course:

The content of this course is oriented towards the comprehensive presentation of the main topics in health psychology. The focus is on the interdependence between psychology and health – the role of beliefs and the models of behaviour, which are associated with positive physical and psychological human functioning and well-being. The health is defined from historical and socio-cultural perspective with focus on the dynamic essence of the concept. The different models of Health Psychology are critically analyzed from the viewpoint of their theoretical basis, application, empirical verification, and predictable abilities. The course helps students to understand and accept the cultural differences and their influence on the promotion of health and the prevention of diseases.

http://phls.uni-sofia.bg/documents/articles/483/Health_Psy_eng.pdf

Requirements for enrollment: NO

Course code	Course title (in English)	Language of instruction	Course offered to BA/BS, MA/MS, PhD	Semester	ECTS	Number of hours			Lecturer/s's name	Lecturer/s's E-mail
						Lectures	Exercises/ Seminars	Practical work		
FF I309	CROSS CULTURAL STUDIES IN PSYCHOLOGY	English	BA, MA	Spring	3	30			Prof. Sonya Karabeliova, PhD, DSc	karabeluov@phls.uni-sofia.bg

Short description of the course:

This course aims to reveal the similarities and the differences in thinking, emotions, attitudes, value orientations, and motivation of people in different socio-cultural contexts. The course teaches theoretical concepts and skills for understanding of culture by focusing on issues related to conventional and specific knowledge of human behaviour. It includes topics on development, personality, emotions, communication, and other aspects of human behaviour in different cultural contexts. The course enables students to understand and accept cultural differences and their influence on human behaviour. It develops important research design skills and underlines the main steps of conducting national and cross-cultural studies and reporting their results.

http://phls.uni-sofia.bg/documents/articles/483/cross_cultural_psy_eng.pdf

Requirements for enrollment: NO

Course code	Course title (in English)	Language of instruction	Course offered to BA/BS, MA/MS, PhD	Semester	ECTS	Number of hours			Lecturer/s's name	Lecturer/s's E-mail
						Lectures	Exercises/ Seminars	Practical work		
FF Z001	INFERENCE STATISTICS	English	BA, MA	Winter	6	15	15		Prof. Sonya Karabeliova, PhD, DSc	karabeluov@phls.uni-sofia.bg

Short description of the course:

This is a core course designed to assist students in conducting psychological research. It includes research, planning, implementation procedures, analyses of research data, and interpretation of relevant results. The main aim of the course is to teach theoretical knowledge and skills for processing and analyzing research data, as well as for interpreting the results from the qualitative and quantitative statistical methods used in

psychology research. Students use the SPSS statistical analysis software. The course concludes with a written theoretical exam, a practical exam, and a written assignment that includes description, analysis, and interpretation of the results of one empirical study. Students wishing to improve their grade prepare a course paper.

<http://phls.uni-sofia.bg/documents/articles/219/Inferential%20Statistics.pdf>

Requirements for enrollment: NO

Course code	Course title (in English)	Language of instruction	Course offered to BA/BS, MA/MS, PhD	Semester	ECTS	Number of hours			Lecturer/s's name	Lecturer/s's E-mail
						Lectures	Exercises/ Seminars	Practical work		
FF Z018	PERSONALITY PSYCHOLOGY	English	BA, MA	Winter	6	15	15		Assoc. Prof. D. Petrov	daniellp@phls.uni-sofia.bg

Short description of the course:

The course provides a critical analysis of the most significant issues in the area of personality psychology. Topics include: main approaches in the science of personality; units for conceptualizing persons; the role of dispositions; evolutionary bases of individual differences; concept of the self; the meaning of normality, abnormality, and deviance; consistency in behaviour; development and maintenance of personality problems; defense, coping and regulatory processes; emotion and motivation; personality and physical health; personality and ideological orientation. Upon completion of the course students will be able to: identify research methodologies involved in personality psychology, compare and contrast major classical theories of personality, recognize the contributions of authors and researchers, develop critical thinking using the parameters of each approach.

http://phls.uni-sofia.bg/documents/articles/219/PERSONALITYpsychologyEN_MA_GENERAL_PSY.pdf

Requirements for enrollment: NO

Course code	Course title (in English)	Language of instruction	Course offered to BA/BS, MA/MS, PhD	Semester	ECTS	Number of hours			Lecturer/s's name	Lecturer/s's E-mail
						Lectures	Exercises/ Seminars	Practical work		
FF I007	PSYCHOLOGY OF ADOLESCENCE	English	All interested	Winter	3	8	7	15	Assoc. Prof. Camellia Hancheva	hancheva@phls.uni-sofia.bg

Short description of the course (in the language of instruction):

An integration of ever growing body of knowledge on adolescence is made for providing a holistic view of the young person. Universality and diversity in developmental trajectories are considered. Focus is set on relational dimensions. The process of adolescence and its vicissitudes are studied in the context of contemporary social, political, economic, and cultural changes. The knowledge and understanding of continuity and change in development during adolescence provide a firm ground for meeting contemporary challenges of applied developmental science and research.

<http://phls.uni-sofia.bg/documents/articles/219/Psychology%20of%20Adolescence.pdf>

Requirements for enrollment: YES/NO

Course code	Course title (in English)	Language of instruction	Course offered to BA/BS, MA/MS, PhD	Semester	ECTS	Number of hours			Lecturer/s's name	Lecturer/s's E-mail
						Lectures	Exercises/ Seminars	Practical work		
FF Z017	CHILD DEVELOPMENT	English	all	Spring	6	15	15	30	Assoc. Prof. Camellia Hancheva	hancheva@phls.uni-sofia.bg

Short description of the course (in the language of instruction):

The Child Development course provides a comprehensive study of multiple lines of human development from infancy to middle childhood. It is grounded on the classical theories and incorporates the latest research to present a systematic view of child development and sensitivity to the cultural and historical context. The comparative look at theories of early development form one of the basic foundations for understanding the mind and the structural configurations of psychological, adaptive and maladaptive functioning. Embracing a thematic approach within the chronology of child development, the course stimulates a convergence of the image of child-from-textbooks and the child in everyday life. It aims to develop a profound understanding and application of theories to research and practice. After its successful completion, students will have acquired skills for formulating a critical stance on issues of children's actions, interactions, performance, and experience.

<http://phls.uni-sofia.bg/documents/articles/219/child%20development.pdf>

Requirements for enrollment: YES/NO