

## COURSES IN FOREIGN LANGUAGES for ERASMUS INCOMING STUDENTS

at Sofia University

Faculty of Theology

Faculty coordinator: Assoc. Prof. Ivaylo Naydenov, [naydenov@theo.uni-sofia.bg](mailto:naydenov@theo.uni-sofia.bg)

Programme: Theology

Course code according to the curriculum	Course title in English	Language of instruction	Course offered to BA/M A/PhD	Course duration (winter/summer semester/full year)	Credits	Number of hours			Lecturer/s	E-mail/s
						Lectures	Exercises/Seminars	Practical work		
	<b>Biblical Theology</b>	<b>English</b>	<b>BA</b>	<b>winter</b>	<b>2.5</b>	<b>30</b>			<b>Prof. Emil Traytchev Stoyanov</b>	

### Short description of the course

The discipline “The Themes of the Biblical Theology” is aimed at acquainting students with the richness of revealed by God truths and exalted ideas in the Old Testament, which by succession pass to the New Testament and fertilize through the centuries the spiritual culture of the Christian peoples. Emphasis is placed on fundamental biblical themes, such as monotheism - polytheism, the revelation of God's name to the man, the theology of creation, Israel's traditions, angelology - demonology, the concept of the law, faith, messiahism, sin, eschatology in the Old Testament and theology of the temple, which are analysed in a traditional Orthodox-Biblical spirit. In this way is strengthening the biblical-theological view that the Old Testament has an eternal significance not on its own, but only in the light of the New Testament good news.

Course code according to the curriculum	Course title in English	Language of instruction	Course offered to BA/M A/PhD	Course duration (winter/summer semester/full year)	Credits	Number of hours			Lecturer/s	E-mail/s
						Lectures	Exercises/Seminars	Practical work		
	<b>The History of the New Testament Era</b>	<b>English</b>	<b>BA</b>	<b>summer</b>	<b>2.5</b>	<b>30</b>			<b>Prof. Emil Traytchev Stoyanov</b>	

### Short description of the course

The Subject of the discipline “The History and the Culture of the New Testament Era” is the Event of world significance that builds the essence and the framework of the Gospel and the early Church. By distancing themselves from the actual theological treatment, with the help of inductive and casual

historical research, a historical view of the subject (18 century BC - 2 century AD) is given. At the same time, the theological point of view is implicitly implied, given the main theme in Christology: “The Word became flesh”, when “the time had fully come” (John 1:14, Galatians 4:4). Attention is focused on the cultural and religious significance of the restoration of Judaism after the captivity in Babylon (587/6-538 BC) and the beginning of the Persian hegemony (538-331 BC). In the view of the Jews' struggle against Hellenism, an overview of the rule of the Hellenistic rulers (331-142 BC) is made, focusing in particular on the political magnificence of the Kingdom of the Hasmonians (142-63 AD). The Roman period is thoroughly examined until the beginning of the political catastrophe of Judaism (33-66 AD) and the fall of Jerusalem in 135 AD.

Course code according to the curriculum	Course title in English	Language of instruction	Course offered to BA/M A/PhD	Course duration (winter/ summer semester/ full year)	Credits	Number of hours			Lecturer/s	E-mail/s
						Lectures	Exercises/ Seminars	Practical work		
	<b>Liturgical Theology</b>	<b>English, Italian</b>	<b>BA, MA, PhD</b>	<b>Full year</b>	<b>5</b>	<b>60</b>			<b>Assoc. Professor Ivan Stoyanov Ivanov, PhD</b>	

#### **Short description of the course**

The base of the Liturgical Theology is the study of Eucharist and all the related liturgical phenomena, practices and the order of service. Clarification of the Sacraments – concept, essence, types, performers; Eucharist - historical, dogmatic and canonical characteristics; establishment of Last Supper - historical, dogmatic, canonical and liturgical characteristics. Time and place, materials and elements for Eucharistic celebration. Judaic Religious Practice and Eucharist in the ancient Church. Jewish religious practice and Eucharist in the ancient Church. Names of the Eucharist. Sacramental Nature of the Eucharist. Eucharist in apostolic age, Eucharist and agape. Historical development of the Eucharist I-III, IV-VIII, VIII-XI, XI- XV centuries. Eucharistic rites of the Church: Eucharistic canon. Types of Eucharistic families. Patristic testimonies of the Eucharist. Authors of liturgical rites. Eucharist of the East and West. Byzantine Liturgy: Anaphora of St. Basil the Great, Anaphora of St. John Chrysostom. Sacraments of the Church and their connection with Eucharist. Rites of the Church and their connection with Eucharist. The parts of Liturgy. Prayers of the Eucharistic Liturgy - Hermeneutic and Textual Study. The validity and activity of the sacrament. Grounds for participation in the Eucharist: spiritual, canonical and dogmatic. Social dimension of the Eucharist.

La base della Teologia liturgica è lo studio dell'Eucaristia e dei relativi fenomeni liturgici e sacramentali, le successioni e le pratiche. Viene fatto un chiarimento dei sacramenti: concetto, essenza, specie, autori; il sacramento dell'Eucaristia - caratteristiche storiche, dogmatiche e canoniche; Istituzione dell'ultima Cena del Signore - caratteristiche liturgiche storiche, bibliche, dogmatiche e canoniche. Tempo e luogo, materiali e elementi per eseguire l'Eucaristia. La pratica religiosa ebraica e la prassi eucaristica nell'antica Chiesa: Denominazioni dell'Eucaristia. Carattere sacramentale dell'Eucaristia. Eucaristia in età apostolica, Eucaristia e Agapi. Sviluppo storico del sacramento dell'Eucaristia I-III, IV-VIII, VIII-XI, XI-XV secoli. L'Eucaristia nei tempi moderni. Linee eucaristiche della Chiesa: canoni eucaristici. Tipi di famiglie liturgiche. Testimonianze patristiche dell'Eucaristia. Autori dei Canoni liturgici. Eucaristia orientale e occidentale. Liturgie bizantine: Anafora di San Basilio il Grande, Anafora di San Giovanni Chrisostomo. I sacramenti della Chiesa e il loro rapporto con l'Eucaristia. Preghiere della Liturgia eucaristica – studio ermeneutico e testuale. La validità e l'attività del sacramento. Motivi per la partecipazione all'Eucaristia: spirituali, canonici e dogmatici. Dimensione sociale dell'Eucaristia.

Course code according to the curriculum	Course title in English	Language of instruction	Course offered to BA/M A/PhD	Course duration (winter/summer semester/full year)	Credits	Number of hours			Lecturer/s	E-mail/s
						Lectures	Exercises/Seminars	Practical work		
	History of Religions	English	BA	winter	5	60	-	-	PhD Klara Toneva	

#### Short description of the course

The course "History of Religions" offers knowledge based on the first accounts of the emergence, development and contemporary state of the different religions. Students learn about the doctrines, ethics and cult of both polytheistic and monotheistic religions. Emphasis is placed on the so-called world religions - Judaism, Islam, Buddhism and Hinduism, which are taught in a comparative and apologetic aspect. Through the lecture course, students broaden their common scientific culture and are educated to show tolerance towards people, who profess different from their religion. The proposed parallels between different religions reinforce in students, on the one hand, their understanding of the dignity of Christianity and, on the other hand, prepare them for future participation in the topical interreligious dialogue.

Course code according to the curriculum	Course title in English	Language of instruction	Course offered to BA/M A/PhD	Course duration (winter/summer semester/full year)	Credits	Number of hours			Lecturer/s	E-mail/s
						Lectures	Exercises/Seminars	Practical work		
B435	Pastoral Theology	English	BA	winter	5	60			Ivo Yanev	

#### Short description of the course

Pastoral theology is the branch of practical theology concerned with the application of the study of religion in the context of regular church ministry. This approach to theology seeks to give practical expression to theology. Normally viewed as an "equipping" of ministers, practical theology is often considered to be more pragmatic than speculative, indeed, essentially a practical science. Hence its main interests are in those areas of theology which will aid clergy in ministry for the young people.

Course code according to the curriculum	Course title in English	Language of instruction	Course offered to BA/M A/PhD	Course duration (winter/summer semester/full year)	Credits	Number of hours			Lecturer/s	E-mail/s
						Lectures	Exercises/Seminars	Practical work		
B 947	Orthodox Christian Spirituality	Bulgarian	BA	Summer semester	2,5	30	0	0	Assoc. Prof. Kostadin Nushev, PhD	

**Short description of the course**

Orthodox Christian Spirituality is a theological discipline that is related to the moral theology and is a distinct part of it that examines the personal spiritual growth of man in Christian life and the gracious path of salvation. Christian spirituality in the Orthodox tradition of the Church is built on Christological, anthropological, ascetical, ecclesiological and pneumatological principles. It also examines the spiritual and ascetic experience and teachings of the Fathers of the Church, the traditions of monastic spirituality and the liturgical and ecclesiological dimensions of the Orthodox spirituality in the doctrine and spiritual practice of the Eastern Church. The main focus in the curriculum of the discipline is on the Orthodox spiritual life and prayer, according to the Church traditions and teachings of the great spiritual fathers and teachers of Orthodoxy from IV to XX centuries.

Course code according to the curriculum	Course title in English	Language of instruction	Course offered to BA/M A/PhD	Course duration (winter/ summer semester/ full year)	Credits	Number of hours			Lecturer/s	E-mail/s
						Lectures	Exercises/ Seminars	Practical work		
B 324	Moral Theology	Bulgarian/English	BA/M A/Phd	winter	5	60	0	0	Assoc. Prof. Kostadin Nushev, PhD	

**Short description of the course**

Moral theology is a theological discipline that explores and reveals the basic truths, principles and values of Christian morality and ethics, based on the Gospel teachings of Jesus Christ and the New Testament Christian ethics. The system of Moral theology is based on the Divine truths of Sacred Scripture, the Church's spiritual tradition, patristic literature, and critical ethical reflection. The first part of the curriculum contains knowledge of God as the foundation of the Christian moral teaching, and of the world as God's creation, which is the most favorable environment for the spiritual and moral life of man. The second part examines the Christological foundations of moral theology, the spiritual image of the Son of God Jesus Christ as the moral ideal for the life of the Christians. The contents of the third part is dedicated to Christian anthropology as a foundation of Christian moral philosophy. The fourth part of program contains the main theological and ethical themes from the field of Christian moral philosophy: moral need, moral law, conscience, freedom of will, sin, good, evil, and others. The doctrine of the salvation and phenomenology of the three Christian virtues of faith, hope, and love are set out in the fifth division, which is dedicated to Christian individual morality. Through its systematic approach and basic program, the program of Moral theology outlines analytically the path of the man who begins with God (Genesis 1: 26-27) and ends with God (Eccl.12:7).