

COURSES IN FOREIGN LANGUAGES for ERASMUS INCOMING STUDENTS

at Sofia University

2018/2019 academic year

FACULTY OF PHILOSOPHY

Faculty coordinator: Prof. Sonya Karabeliova, PhD, DSc, karabeluova@phls.uni-sofia.bg;

Department coordinator: Assoc. Prof. Daniel Petrov, Phd, daniellp@phls.uni-sofia.bg

Programme: Psychology

Course code according to the curriculum	Course title in English	Language of instruction	Course offered to BA/M A/PhD	Semester	ECTS	Number of hours			Lecturer/s	E-mail/s
						Lectures	Exercises/Seminars	Practical work		
Z005	INTRODUCTION TO PSYCHOLOGY	English	BA	summer	6	45	0	0	Assoc. Prof. Ludmilla Andreeva	

Short description of the course

The content of this course is oriented towards the comprehensive presentation of the main topics in health psychology. The focus is on the interdependence between psychology and health – the role of beliefs and the models of behaviour, which are associated with positive physical and psychological human functioning and well-being. The health is defined from historical and socio-cultural perspective with focus on the dynamic essence of the concept. The different models of Health Psychology are critically analyzed from the viewpoint of their theoretical basis, application, empirical verification, and predictable abilities. The course helps students to understand and accept the cultural differences and their influence on the promotion of health and the prevention of diseases.

Requirements for enrollment: NO

http://phls.uni-sofia.bg/documents/articles/483/Introduction%20to%20psychology_syllabus_EN.pdf

Course code according to the curriculum	Course title in English	Language of instruction	Course offered to BA/M A/PhD	Semester	ECTS	Number of hours			Lecturer/s	E-mail/s
						Lectures	Exercises/Seminars	Practical work		
Z018	HEALTH PSYCHOLOGY	English	BA	Summer	5	45	15	0	Prof. Sonya Karabeliova, PhD, DSc	karabeluov@phls.uni-sofia.bg

Short description of the course

The content of this course is oriented towards the comprehensive presentation of the main topics in health psychology. The focus is on the interdependence between psychology and health – the role of beliefs and the models of behaviour, which are associated with positive physical and psychological human functioning and well-being. The health is defined from historical and socio-cultural perspective with focus on the dynamic essence of the concept. The different models of Health Psychology are critically analyzed from the viewpoint of their theoretical basis, application, empirical verification, and predictable abilities. The course helps students to understand and accept the cultural differences and their influence on the promotion of health and the prevention of diseases.

Requirements for enrollment: NO

http://phls.uni-sofia.bg/documents/articles/483/Health_Psy_eng.pdf

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						Lectures	Exercises/Seminars	Practical work		
I309	CROSS CULTURAL STUDIES IN PSYCHOLOGY	English	BA	summer	3	30	0	0	Prof. Sonya Karabeliova, PhD, DSc	karabeluov@phls.uni-sofia.bg

Short description of the course

This course aims to reveal the similarities and the differences in thinking, emotions, attitudes, value orientations, and motivation of people in different socio-cultural contexts. The course teaches theoretical concepts and skills for understanding of culture by focusing on issues related to conventional and specific knowledge of human behaviour. It includes topics on development, personality, emotions, communication, and other aspects of human behaviour in different cultural contexts. The course enables students to understand and accept cultural differences and their influence on human behaviour. It develops important research design skills and underlines the main steps of conducting national and cross-cultural studies and reporting their results.

Requirements for enrollment: NO

http://phls.uni-sofia.bg/documents/articles/483/cross_cultural_psy_eng.pdf

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						Lectures	Exercises/Seminars	Practical work		
Z001	INFERENCE STATISTICS	English	MA	Winter	6	15	15	0	Prof. Sonya Karabeliova, PhD, DSc	karabeluov@phls.uni-sofia.bg

Short description of the course

This is a core course designed to assist students in conducting psychological research. It includes research, planning, implementation procedures, analyses of research data, and interpretation of relevant results. The main aim of the course is to teach theoretical knowledge and skills for processing and analyzing research data, as well as for interpreting the results from the qualitative and quantitative statistical methods used in psychology research. Students use the SPSS statistical analysis software. The course concludes with a written theoretical exam, a practical exam, and a written assignment that includes description, analysis, and interpretation of the results of one empirical study. Students wishing to improve their grade prepare a course paper.

Requirements for enrollment: NO

<http://phls.uni-sofia.bg/documents/articles/219/Inferential%20Statistics.pdf>

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						Lectures	Exercises/Seminars	Practical work		
Z013	ABNORMAL PSYCHOLOGY	English	MA	winter	6	15	15	0	Assoc. Prof. Ludmilla Andreeva	

Short description of the course

The course takes a scientist-practitioner approach and emphasizes the rich blend of both the science and practice of abnormal psychology throughout the text. The developmental trajectory of each condition is discussed where appropriate and scientific findings with respect to race and gender are incorporated into discussions about each condition. Biological findings are integrated with findings from social and behavioural sciences, highlighting the complexity of abnormal behaviour and how it is often influenced by a wide range of variables. Students are encouraged to look at psychological disorders along a continuum and analyze disorders in terms of whether the individual's behaviour creates distress or impairs daily functioning. An effort is made to "bring to life" the nature of these conditions by providing vivid clinical descriptions.

Requirements for enrollment: NO

http://phls.uni-sofia.bg/documents/articles/219/Abnormal%20Psychology_Syllabus_ENG.pdf

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Z018	PERSONALITY PSYCHOLOGY	English	MA	summer	6	15	15	0	Assoc. Prof. D. Petrov	daniellp@phls.uni-sofia.bg

The course provides a critical analysis of the most significant issues in the area of personality psychology. Topics include: main approaches in the science of personality; units for conceptualizing persons; the role of dispositions; evolutionary bases of individual differences; concept of the self; the meaning of normality, abnormality, and deviance; consistency in behaviour; development and maintenance of personality problems; defense, coping and regulatory processes; emotion and motivation; personality and physical health; personality and ideological orientation. Upon completion of the course students will be able to: identify research methodologies involved in personality psychology, compare and contrast major classical theories of personality, recognize the contributions of authors and researchers, develop critical thinking using the parameters of each approach.

Requirements for enrollment: NO

http://phls.uni-sofia.bg/documents/articles/219/PERSONALITYpsychologyEN_MA_GENERAL_PSY.pdf

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Z014	SOCIAL COGNITION	English	MA	summer	6	15	15	0	Assoc. Prof. Ludmilla Andreeva	

Short description of the course

One of the defining features that set human beings apart from other animals is not only our ability to think, but also our ability to be aware of what we are thinking. A second feature, although shared with some other animal species, is our sociability and the central importance we place on relationships with other people. These features are at the heart of social cognition: the manner in which we interpret, analyze and remember information about the social world. The course will present the three cognitive processes that we apply to our social world: (1) information we receive about other people (and ourselves, for that matter) is interpreted, i.e. the information is given meaning often by both the social context and our previous experience, cultural values, etc. (2) Social information is analyzed, i.e. the initial interpretation may be adjusted, changed or even rejected. (3) Social information is stored in memory from which it may be recalled or retrieved. Recalling information from memory may require considerable effort; effort that we may not always be willing to make. As “social world” refers both to other people and ourselves, theories and research presented in this course are equally about other people, ourselves, and about ourselves in interaction with other people.

Requirements for enrollment: NO

[http://phls.uni-sofia.bg/documents/articles/219/Social%20Cognition Syllabus L Andreeva ENG.pdf](http://phls.uni-sofia.bg/documents/articles/219/Social%20Cognition%20Syllabus%20L%20Andreeva%20ENG.pdf)

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I001	COMMUNICATION SKILLS	English	BA	winter	3	8	7	0	Assoc. Prof. Ludmilla Andreeva	

The course explores a topic with obvious relevance to students' own personal lives, and great potential for personal benefit. It emphasizes the transactional nature of interpersonal relationships. It presents communication not as a collection of techniques people use on others, but as a process they engage in with them. The students will learn that even the most competent communication doesn't always seek to create warm relationships and that even less personal interaction usually has the best chance of success when handled in a constructive, respectful manner. Grounded in scholarly research, the course stresses the importance of interpersonal communication in the workplace: it will equip students with communication strategies that will enhance career success. Topics include managing emotions on the job, effective nonverbal communication in employment interviews, avoiding negative self-fulfilling prophecies in the workplace, integrating newcomers into an organization's culture, dealing with workplace romances, and leaving a job on a positive note.

Requirements for enrollment: NO

http://phls.uni-sofia.bg/documents/articles/219/Communcation%20Skills_Syllabus_L_Andreeva.pdf

Course code according to the curriculum	Course title in English	Language of instruction	Course offered to BA/M A/PhD	Semester	ECTS	Number of hours			Lecturer/s	E-mail/s
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I010	PSYCHOLOGY OF GENDER	English	MA	winter	3	8	7	0	Assoc. Prof. D. Petrov	daniellp@phls.uni-sofia.bg

Short description of the course

The course focuses on the current research on gender roles in psychology. The students are expected to fully grasp the theoretical basis of gender development from the prenatal period to adulthood, to gain an understanding of the research methods used to study gender roles, knowledge and behaviours, and how this research corresponds to the grand theories in psychology. Some special issues and social policies concerning gender and stereotypes are discussed. The major gender similarities and differences and their role in applied domains like organizational settings, health, education, and interpersonal relationships are discussed.

Requirements for enrollment: NO

http://phls.uni-sofia.bg/documents/articles/219/Psychology%20of%20GenderEN_MA_GENERAL_PSY.pdf

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I006	CROSS-CULTURAL PSYCHOLOGY	English	MA	winter	3	8	7	0	Prof. Dr. Sc. Sonya Karabeliova	karabeluov@phls.uni-sofia.bg

Short description of the course

The main aim of the course is to teach theoretical concepts and skills for understanding culture by focusing on questions related to human behaviour. It includes topics on development, personality, emotions, communication, and other aspects of human behaviour indifferent cultural contexts. The course helps students to understand and accept the cultural differences and their influence on human behaviour. It teaches important research design skills and underlines the main steps in conducting and reporting results from national and cross-cultural studies.

Requirements for enrollment: NO

<http://phls.uni-sofia.bg/documents/articles/219/Cross-cultural%20Psychology.pdf>